



### **Backpacking Check List**

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- Backpack
- Sleeping Bag
- Sleep Pad
- Tent
- Stove
- Fuel
- Matches/Lighter
- Food
- Cook Kit
- Utensils
- Seasonings
- Pocketknife
- Water Storage
- Sunscreen
- Mosquito Spray
- Permethrin
- First Aid Kit
- Sun Hat
- L/S Sun Shirt
- Wicking T-Shirt
- Nylon Shorts
- Nylon Pants
- Wool Socks
- Sock Liners
- Thermals
- Rainwear
- Jacket
- Blister Kit
- Duct Tape
- Headlamp light
- Water filter
- Compass/GPS
- Toiletries
- Repair Kit
- Waterproofing
- Sunglasses
- Camera



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